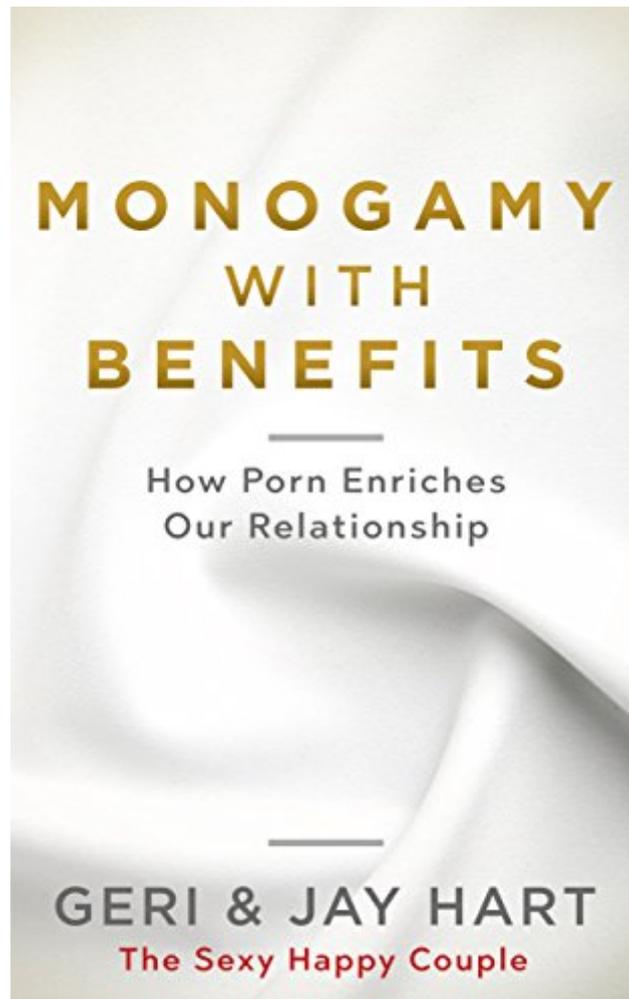


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Monogamy With Benefits: How Porn Enriches Our Relationship



Synopsis

Can a couple have sex with others in a way that deepens their own love for one another? And what essential role might professionals from the adult entertainment industry play in the process? Geri and Jay Hart provide the answers in *Monogamy with Benefits: How Porn Enriches Our Relationship*, the heartfelt true story of their secret quest for an extraordinary kind of intimacy. Geri and Jay are two fit, attractive executives who've come together in mid-life following divorces from spouses who didn't share their need to continue growing sexually. Seeking to avoid the pitfalls of their previous relationships, the two lovers decide to be fearlessly honest with one another about their deepest sexual needs and desires. This leads them to embark together upon a progressive and highly unconventional journey of discovery that unfolds around the U.S. in strip clubs, legal brothels, a swinger's gathering, a sex expo and, ultimately, on the set of the couple's own professionally produced adult video. By seeing what works for their relationship, as well as what doesn't, Geri and Jay share sensational adventures they never would have experienced individually, making them all the more eager to spend the rest of their lives together. Written from both Geri and Jay's perspectives, in the language real people use to talk about sex, rarely has a book so honestly and fully explored a couple's intimacy. What is it like to watch your partner with an adult video star? How does one prepare, both physically and psychologically, to participate in a professional porn shoot? And why isn't commercial sex involving consenting adults more legally and widely available? Admittedly, the approach described in *Monogamy with Benefits* isn't for everyone, but at a time when an estimated 50% of married individuals engage in infidelity, this book is sure to provoke discussion about how and why traditional social mores and laws inhibit many couples' ability to stray together. •About the authors: Geri and Jay Hart are the pen names of a married woman and man who serve in executive positions at two well-known organizations in a mid-sized U.S. city. They frequently participate in civic and charitable events and appear in the local media. Although their careers keep Geri and Jay well occupied individually, their top priority is being together. During shared times they enjoy exercising, traveling, eating healthy food, and of course exploring and savoring their sexuality. Hear an exclusive interview with this "sexy happy couple" on PopShots Radio at <http://popshotsradio.com/episodes.html>

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Customer Reviews

I gave this book four stars because it was, all in all, a well written book. The author's ideas and experiences were well articulated. They should be well pleased that they represented themselves so well in the written word given their penchant for appearances. After considering their contentions about human sexuality, I am left with a few lingering thoughts of my own. I felt that the female personality for all of her adventurism, seemed truly intent on communicating that she is above all, attractive and fit. Her sexiness was magnified by her watching herself and other people watching her attractive self having sex. It seems the book was a result of the fact that both of them could not put their sex tapes on line to view, so they needed to describe it to us - a sort of "watch us" in words. Even these authors must admit that porn can become seriously boring after the initial visual shock of titillation. Sex can be reduced (I mean this in a nonjudgmental way) to a pass time like a sport or even a craft to master; or it can be elevated to an art. In my view, the artist communicates with the soul, communes with God, presents the unseen beauty of truth. As opposed to the craftsman whose work is aesthetically pleasing and even functional. True beauty in life is sacred and should be guarded. The authors haphazardly throwout the ideas involving sexual power exchanges. As outrageous as it may sound those relationships seem more sacred to me than multiple partners and exhibitionism. Lastly, the concept of the power and breathless beauty of "mystery" was mentioned in the beginning of the book, even going so far as to quote Albert Einstein on the subject., yet, the glare of the production lights left none for us to savor.

I enjoyed the entire book. Reading about this couple's experiences and perspectives goes in line with many of my emerging thoughts on how a step into the "monogamish" can be highly positive for some couples. Of course, as the authors described, a solid emotional bond/love, trust, loyalty, and ability to communicate are truly the ingredients that can make the monogamy with benefits a fun and wonderful experience. I loved how the authors shared their story from each of their perspectives throughout the book. I also agree with many points made about our current laws and restrictions around adult consensual sex. It was great to read of a couple's ventures into a realm that I am open to experiencing in the future with my husband. Even just being able to talk about, imagine, plan "monogamish" ideas with one's partner can enrich the intimate experience and bond. I like how the book embraces the possibility and reality that monogamy with benefits not only works for some couples, but can also bring a relationship to an even more fulfilling and bonding level.

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